

THE ACCOA NEWS CENTER FOR ACTIVE LIVING

"We're not aging, we're actively living..."

www.accoacenterforactiveliving.com

Hours: 8:30 am - 4:30pm

Monday through Friday

4148 Main Ave
Ashtabula, Ohio 44004
(440) 998-6750

Issue #092025

SEPTEMBER 2025

Services Available

Bill Pay - Pay all your bills in one place

TSA Precheck through Idemia

Prescription Assistance - Let us help you afford your Prescriptions.

Fitness Classes

Education - Guest speakers to keep you current on the latest health trends.

Nurse - A nurse comes to do blood pressure and glucose screenings.

THINGS TO WATCH FOR!

Ice Cream Social

September 26, 2025

Halloween Party

October 31, 2025

Friendsgiving

November 26, 2025

Christmas Party

December 18, 2025

Noon Years Party

December 31, 2025

Valentines Party

February 14, 2026

DISCLAIMER: While we make every effort to provide accurate and complete information in ACCOA's newsletters, we are "PERFECTLY IMPERFECT" and cannot guarantee that there will be no errors. Occasionally, it is possible that an event date, day, time or "register by" date may be incorrect. Therefore, as a standard of practice, registration cut-off dates will be a minimum of seven (7) days prior to the scheduled event. At times it may be necessary to make the registration cut-off date earlier to accommodate caterers or order supplies.

Birthdays of the Month

It's a BIG Birthday Bash!

Wishing you a year of amazing moments and reasons to smile. Happy Birthday!

Eilene Deeter	9/1
Sandra Feters	9/6
Cheryl Imrie	9/8
Karen Allison	9/9
Regina Hill	9/9
Mary Simmons	9/9
Judy Dowler	9/11
Stella Jackson	9/11
Joyce Santilli	9/11
Betty Cherry	9/12
Gwendolyn Stegall	9/12
Brenda Zinsky	9/15

Florie Gaskell	9/17
Barbara Bessant	9/20
Thomas Caruso Sr	9/20
Linda Fortune	9/21
Ted Hall	9/22
Becky Laakso	9/23
Dee Foltz	9/24
Deanna Hansford	9/27
Mary Ann Plitt	9/27
Carol Valitsky	9/28
Sandra Davis	9/30

Please join us for a birthday party to honor our friends who have birthdays in SEPTEMBER and OCTOBER 2025!!

Fri., September 19, 2025

RSVP BY 09/12/2025

Fri., October 24, 2025 at 2:30 p.m.

RSVP BY 10/17/2025

Games, Cake, Ice Cream and Beverage

Are you friends with any of the birthday peeps?
Give them a call and wish them Happy Birthday!!!

Reservations are required one week prior to the event and can be made by calling 440-998-6750 or online at <https://schedulesplus.com/ashtabula>

HAPPY TRAVELER 'S BUS TRIPS

New York City Bus Trip
 Depart: Dec. 5, 2025-11:15pm
 Return: Dec. 7, 2025-at 8:00am
 Cost: \$160.00 per person.
 A non refundable deposit of
 \$60.00 will hold your seat.
 Open to adults 18 and older.
 Children over six when
 accompanied by a parent.

Happy Travelers Meeting
 September Meeting
 Mon. Sept. 15, 2025 at 6pm

October Meeting
 Mon. October 20, 2025 at 6pm
 At the Center

Grief/Loss Support Group
 Tues., Sept. 30, 2025 at Noon
 Tues., October 28, 2025 at Noon
 Host: Joslin Seeds
 Open to the public.

Coloring Club
 Join us on the second Monday of
 each month at 10:30 AM
 Upcoming Dates:
 • Monday, September 08, 2025
 • Monday, November 10, 2025
 Bring your own supplies or use ours.
 All are welcome to relax, create, and
 enjoy good company!

Reservations are required one week prior to the event and can be made by
 calling 440-998-6750 or online at <https://schedulesplus.com/ashtabula>

Conversation Cafe

Enjoy coffee & conversation.
 We will keep you entertained!
 Bring a snack to share if you like!

Big Bang Bingo

Fri., Jan 30, 2026-1pm to 4pm
 Cost \$10.00

Includes: bingo packet, dauber and a
 late picnic style lunch.
 Purchase extra books for \$7
 or extra sheets for \$1
 RSVP BY 1/23/2026
 Late Registration plus \$5

Make Home-made Dog Treats
 Tues., October 21, 2025 at 2:30 PM
 Join us for a fun, hands-on workshop
 where we'll make healthy, homemade
 treats your furry friends will love!
 Cost: \$3 for newsletter subscribers
 \$8 for non-subscribers
 R.S.V.P. by October 14, 2025

LET'S PLAY BINGO

EVERY MONDAY
 1:00PM TO 4:00PM
 Unless Monday is a holiday, then
 we play on Wednesday
 EVERY THURSDAY
 1:00PM TO 4:00PM

HEARTstrings Orchestra
 directed by
 Dr. Carol Linsenmeier.
 will perform for us on:
 Thursday, September 18, 2025
 Thursday, November 20, 2025
 Start time is 12:30 pm prompt!
 Bingo will start at 2:00pm

SNAP-Ed Seminars
 Join Dan Sommers at 11:00 AM
 September 11, 2025
 Learn how to make healthier
 food and lifestyle choices through
 engaging SNAP-Ed sessions.
 Open to all; come learn and
 grow!

Information & Referral Services
 Available Monday–Friday,
 9:00 AM – 4:00 PM
 The Center provides year-round
 assistance to seniors and their
 families by offering trusted
 information and referrals in
 areas such as health care,
 insurance, finances, family
 matters, and housing options.
 Printed resources are also
 available to support informed
 decision-making.
 In addition, a variety of
 informative presentations are
 offered throughout the month.
 Visit the Center or call us at
 440-998-6750 to learn more. We're
 here to help you live the life you
 choose.

Reservations are required one week prior to the event and can be made by
 calling 440-998-6750 or online at <https://schedulesplus.com/ashtabula>


Combating Bank Fraud
 with Donetta
 from Huntington Bank
 Tues., Sept. 23, 2025 at 1:30 PM
 Learn how to spot fraud through
 a fun and interactive game of
 Fraud Bingo!
 Bring your questions, concerns
 and a friend!
 Open to everyone
 Refreshments provided
 R.S.V.P. by 9/16/25

Quilt Club with Regina Hill
 Tuesdays at 5 pm
 no class the third Tuesdays
 (9/16/25 & 10/21/2025)

FREE CLASS


**HEALTH COACHES
 FOR HYPERTENSION
 CONTROL**

**WEDNESDAYS STARTING
 SEPTEMBER 3 THROUGH
 OCTOBER 22
 AT 1:30
 ACCOA CENTER FOR
 ACTIVE LIVING**



This group facilitated evidence based
 program takes place over 8 weekly
 sessions and is designed to help manage
 hypertension by focusing on nutrition,
 physical activity, stress management
 and more.

**QUESTIONS?
 330.505.2340**



DO YOU OWN YOUR OWN HOME?

ARE YOU OVER 60 YEARS OLD?

DO YOU NEED HELP WITH MINOR HOME REPAIRS?

The Center for Active Living can help you with home maintenance. We can install grab bars, replace fixtures, perform minor plumbing, minor electrical, minor carpentry, and odd jobs. We will supply the labor and time you supply the materials.

Current wait time is minimal

Call 440-998-6750 to schedule an appointment.

Funded by the Ashtabula County Senior Services Levy.



Five Crowns

Tuesday, September 2, 2025 at 1:30 PM

Come learn a fun and easy to learn card game!

"It ain't over 'till the kings go wild!"

No experience needed — just bring your curiosity and a smile!

Medical Equipment Lending

Need a walker or wheelchair?

We have all kinds of medical equipment for rent. You can borrow for a small deposit! When you return the equipment, your deposit will be returned to you!

Some items available:

Wheelchairs, Walkers, Rollators, Bedside Commodes,
Shower Chairs & Raised Toilet Seats.

Call 440-998-6750 for more information



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Board Members and Director

Dawn Dale, Board President, Geneva Center for Rehab and Nursing

Lori Slimmer, Board VP, N. M.Ed., CDCES - University Hospital

Mary Church, Board Treasurer, Ashtabula City

David Moore, Board Secretary, Capital Home Health Care

Carissa Allen, Saybrook Landing

Pastor Jeff Stoll, Retired Pastor/Part-time Chaplain

Hazel O'Neal, Senior Member

Kathy Chiacchiero BSN, RN, NPD-BC - ARMC

Mary Ellen Higley - Senior Member

Jim Whalen - Senior Member

Lisa Bruckman, Executive Director

ACCOA board meetings are held on the second Thursday of the month at 8:00am at the Center in the board room.

NEXT BOARD MEETING: Thursday, Sept. 11, 2025 at 8:00am at the Center for Active Living; 4148 Main Avenue; Ashtabula, OH 44004.



Join Us For An Ice Cream Social

Friday, September 26, 2025

at 2:00 p.m. - 5:00 p.m

\$2.00 for subscribers

\$7.00 for non subscribers

at ACCOA Center for Active Living

4148 Main Avenue, Ashtabula

RSVP BY: Friday, September 19, 2025

Entertainment and all the ice cream you can eat!

Support the Renewal of the Ashtabula City Senior Center Levy on November 4, 2025

There's something for everyone; you just have to come see for yourself!

Since 2001, the **Ashtabula City Senior Center Levy** has helped provide a **safe, welcoming, and engaging space** for our city's older adults. This **0.3-mill, five-year levy** generates approximately **\$50,000–\$56,000 annually** to fund the **daily operations** of the Ashtabula City Senior Center.

These funds help cover:

- Building maintenance and utilities
- A space for seniors to stay active, connected, and informed

As **federal, state, and local funding for seniors continues to decline**, this levy is more important than ever.

"The primary purpose has been to provide a safe and comfortable place where seniors can come and enjoy themselves in the company of other seniors."

— Mary Church, Treasurer, Yes for City Seniors Committee

Why Vote YES to Renew?

- **No increase in taxes** – this is a **renewal**, not a new tax
- It costs homeowners just **3¢ per \$100 of property value**
- Helps local seniors live independently, stay active, and connect with others
- Supports the continued operation of a vital community resource

Make Your Vote Count November 4, 2025

Help us continue providing meaningful services, companionship, and care to the seniors of Ashtabula City.

Vote YES to renew the Ashtabula City Senior Center Levy!

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CENTER FOR ACTIVE LIVING 2025 Golf Season

Third Thursday of the month, shot gun start at 9:00am

August 21, 2025 - Hickory Grove Golf Course

September 18, 2025 - Hickory Grove Golf Course

\$23.00 a golfer per game

Includes 9 holes, cart, lunch, beverage, and prizes.

In addition, you can opt to play skins \$8.00/team

and enter the 50/50 drawing and pie raffles.

For more information or to reserve a spot for yourself or team by Monday prior to the outing. Call Lisa at (440) 998-6750.

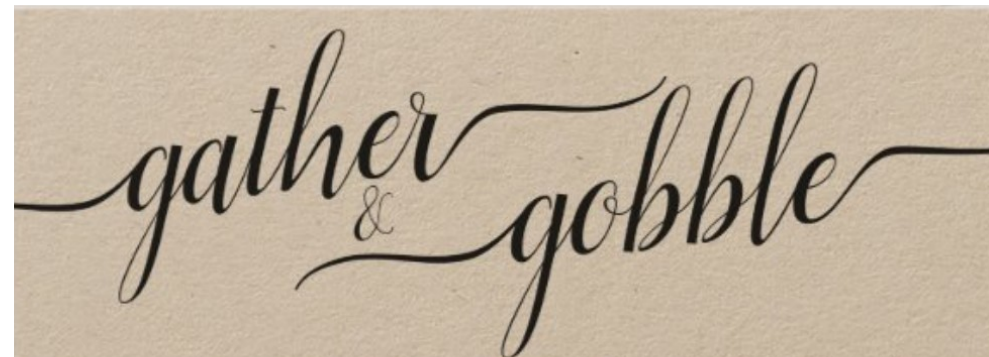
"Please have team captains collect all monies and turn the money in all at one time."

10 WARNING SIGNS OF ALZHEIMER'S

An education program presented by the Alzheimer's Association®



**Wednesday, October 8, 2025
at 1:30pm
At ACCOA Center for Active Living**



Please Join us for our Annual Friendsgiving Dinner
Wednesday, November 26 | 2:30 p.m. - 5:30 p.m.
at ACCOA Center for Active Living
Cost: \$5 for everyone
Entertainment: Doug Kalil
Everyone must RSVP by November 19, 2025

Bring a Friend who has never been to the Center FREE and both of you will be entered into a special holiday drawing!

Cards & Games

Join us for Cards Daily 10:00am to 4:00pm

LRC (Bring 12 nickels)	10:30 AM	Tuesday, September 2, 2025
Chinese Checkers	10:30 AM	Thursday, September 4, 2025
Pokeno (Bring a roll of pennies)	10:30 AM	Tuesday, September 9, 2025
Wii	1:30 PM	Wednesday, September 10, 2025
LRC (Bring 12 nickels)	10:30 AM	Tuesday, September 16, 2025
Wii	1:30 PM	Wednesday, September 17, 2025
Pokeno (Bring a roll of pennies)	10:30 AM	Tuesday, September 23, 2025
Chinese Checkers	10:30 AM	Thursday, September 25, 2025
LRC (Bring 12 nickels)	10:30 AM	Tuesday, September 30, 2025
LRC (Bring 12 nickels)	10:30 AM	Tuesday, October 14, 2025
Pokeno (Bring a roll of pennies)	10:30 AM	Thursday, October 16, 2025
LRC (Bring 12 nickels)	10:30 AM	Tuesday, October 21, 2025
Wii	1:30 PM	Wednesday, October 22, 2025
Pokeno (Bring a roll of pennies)	10:30 AM	Thursday, October 23, 2025
LRC (Bring 12 nickels)	10:30 AM	Tuesday, October 28, 2025
Wii	1:30 PM	Wednesday, October 29, 2025
Pokeno (Bring a roll of pennies)	10:30 AM	Thursday, October 30, 2025



Jeopardy with Sarah

Join us every Monday at 11:00 AM for a fun game of Jeopardy!

Test your knowledge, challenge your memory, and share some laughs with Sarah as your lively host. No experience needed—just come ready to play and have fun!

PLEASE JOIN US
AS WE CELEBRATE
THE SEASON WITH A

Christmas PARTY

THURSDAY, DECEMBER 18, 2025
2:00 pm - 5:30 pm
ACCOA Center For Active Living
4148 Main Avenue, Ashtabula
Entertainment: Dennis Ford
Dinner: 4:00pm
Cost: \$5 - subscribers
\$10 - for non subscribers

RSVP BY: 12/11/2025
Bring a friend who's never been to the Center. Their first activity is free, and both of you will be entered into drawing.

Tuesday, October 7, 2025 at 10:30 AM

Are you a Grandparent raising Grandchildren?
Christy from DHEO Kinship Care will be here with information on support options, including legal assistance, potential financial assistance, support groups, and access to Medicaid. Direction Home of Northeast Ohio is part of a broader statewide Kinship Care system. This seminar is open to all seniors in Ashtabula County. Please tell a friend. Refreshments will be provided.

R.S.V.P. by October 1, 2025



How to Charcuterie: Holiday Shapes
Tuesday, October 28, 2025 at 2:30 PM

Learn how to create festive holiday-themed charcuterie boards and displays, perfect for entertaining!
Each participant will leave with a sample they created to take home.

Cost: \$5.00 for subscribers | \$10.00 for non-subscribers
R.S.V.P. by October 21, 2025

Arts & Crafts

Draw Silhouettes

Tue., Sept. 9, 2025 · 2:30 PM

Capture a timeless profile!
Learn to draw classic silhouette portraits in this fun and creative session. No experience needed!

Cost: \$3.00 for subscribers

\$8.00 for non-subscribers

RSVP by September 2, 2025

Mason Jar Scarecrows

Tues., Sept. 16, 2025 · 1:30 PM

Get crafty this fall!

Join us to create adorable Mason Jar Scarecrows—perfect for seasonal decorating or gifting.

Cost: \$3.00 for subscribers

\$8.00 for non-subscribers

RSVP by September 9, 2025



Craft with Lori
September 30, 2025
at 1:30 pm

Farmhouse Ghosts

Cost: \$5.00 for subscribers

\$10.00 for non subscribers

R.S.V.P. by Sept. 23, 2025

CROCHETING

WEDNESDAYS AT 1:30PM

Beginner-Friendly.

FREE - newsletter subscribers

\$5.00 non - subscribers

PLUS MATERIALS

SEPT 3, 10 & 17 FOLDABLE MESH
BAG

SEPT 24 BIRTHDAY HAT

**WRITTEN PATTERN

PROVIDED EVERY WEEK!**

Join Lisa on
**Tue., October 7 at
1:30 PM** to make easy
Halloween **door mats!**
**Come ready to paint
& get a little messy.**



No two **mats** will be the same.

Cost: \$14 - newsletter subscribers

\$20 - non subscribers

All materials included

RSVP BY 9/30/2025

Seating Limited to 10.

Tuesday, October 14, 2025
at 1:30 PM

Fall Craft with Lori

Cost is \$3.00 for subscribers

\$5.00 for non-subscribers

R.S.V.P. by Oct. 7, 2025

September Book Club - September 23, 2025 at 1:30

Vanishing Half by Brit Bennet

The Vignes sisters are identical twins. They run away at sixteen.
From there, the girls life diverge in different directions.

October Book Club - October 28, 2025 at 1:30 PM

The Women by Kristin Hannah

It's 1965 and Frances McGrath is a 20 yr. old nursing student.
When her brother is shipped to Vietnam, she joins the Army
Nurse corps and follows his path.

You can find these books at the Ashtabula Public Library

Calling All Card Sharks!

Do you enjoy playing Pinochle, Bridge, or Canasta?
We're looking to start weekly groups for each of these
classic games; and we need YOU to make it happen!
Whether you're a seasoned player or just looking to brush
up your skills, this is a great way to have fun, meet new friends,
and keep those minds sharp!

Interested in joining or helping lead a group?

Stop by the Center to sign up!

Let's bring back the joy of card playing—one hand at a time!

Wellness Clinics with University Hospitals

Held Monthly on Mondays – No RSVP required

Health checks are provided first come, first serve.

10:00 AM – 12:00 PM (unless noted)

September 8, 2025 – Glucose & Cholesterol - 11:00 AM – 1:00 PM

October 20, 2025 – Blood Pressure

November 10, 2025 – Glucose & Cholesterol

December 8, 2025 – Blood Pressure

Reservations are required one week prior to the event and can be made by
calling 440-998-6750 or online at <https://schedulesplus.com/ashtabula>

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It's A Noon Year's Celebration!

Join Us On Dec. 31, 2025 at 10am-1pm
To Countdown To Noon For An Early New Year

Entertainment at 10:30am
Champagne Toast at Noon
Traditional New Years Day Lunch at 12:30pm

at ACCOA Center for Active Living
4148 Main Avenue, Ashtabula

Cost: \$5 - newsletter subscribers | \$10 - non-subscribers

RSVP BY: December 24, 2025

Activity Registration Information

ACCOA Center for Active Living offers various types of in-person and virtual programming to keep members engaged and connected. Mask requirement for in-person activities are based on current CDC, Governor and local Health Department guidelines. Due to social distancing guidelines, in-person activities will have a limited number of participants, so please sign up early to reserve your seat.

To register for any activity you can visit

<https://schedulesplus.com/ashtabula> or call 440-998-6750. If you are unable to register online, or have difficulties please contact us.

ACCOA Center for Active Living Refund Policy

If an activity is canceled by ACCOA, which had a registration fee, you will receive a refund for that activity's registration fee. Should you cancel an activity, you registered for, that has a registration fee, you will not receive a refund for the registration fee unless there is a waiting list and/or ACCOA is able to fill your place at the activity/program.

Bring a Friend Promotion

September 18 – December 18, 2025

Bring a friend who has never been to the Center for Active Living! Their **first activity is FREE**, and both of you will be entered into a drawing for a **\$50 Walmart gift card**.

Join the fun, make new friends, and you could be our lucky winner!

Eligibility

- The promotion is open to all current ACCOA Center for Active Living participants.
- Guests must be first-time visitors who have never attended the Center before.

How It Works

- Bring a new guest to the ACCOA Center for Active Living. Your guest's activity fee is FREE for their first visit.
- Both you and your guest will be entered into the special holiday Gift Card drawing.

Entries

- One entry per person, per new guest.
- You may bring multiple new friends on different days for additional entries.
- Guests must sign in at the front desk as a first-time visitor to validate the entry.

Holiday Drawing

- All eligible entries will be placed into a drawing to be held at our Christmas Party event December 18, 2025.
- You must be present at the holiday event to claim your prize, or an alternate winner will be drawn.

Other Details

- Staff and volunteers are not eligible to participate in the drawing.
- If someone's name is already in the Center's computer system, it will be considered that they have previously attended, and they will not qualify as a "new" participant.
- The Center reserves the right to verify eligibility and make final decisions on entries.

Movie and Popcorn
Friday, September 5, 2025
at 1:30 pm

A Man called Otto

Grumpy Otto meets his match
in new neighbor Marisol,
leading to an unexpected
friendship.

Friday, October 3, 2025
at 2:30 pm

Devil in a Blue Dress

Black war veteran turned
detective Easy Rawlins as he
looks for a missing person and
ends up running into bodies.

PEN PAL CLUB
WEDNESDAY, SEPT. 24, 2025
WEDNESDAY, OCT. 22, 2025
at 10:30am

This Pen Pal Club aims to
connect people from all
walks of life who would
never meet and share the
joy of sending and receiving
a letters.

Pinochle
Every Tuesday & Thursday
1pm to 4pm

Medicare Q&A Seminars

Have questions about Medicare? We've got answers!

Join us

Mon., Sept. 22, 2025 at 6:00PM - with Andy from Pelorus Financial
Wed., Sep. 24, 2025 at 1:30PM - with Andy from Pelorus Financial
Friday, October 3, 2025 at 1:30PM - with Zach from Wiley Insurance
Fri., Oct. 24, 2025 at 1:30PM - Isom from TLC Insurance Group

These representatives will be here to help explain Medicare
options and answer your questions in an easy-to-understand way.
Open to all seniors – don't miss this opportunity to get informed!

Refreshments Provided

Culture Club

Join us each month as we explore a new culture through engaging
presentations and guest speakers!

Lenape (Delaware Nation) - Friday, September 12, 2025 at 1:30 PM
R.S.V.P. by September 5, 2025

Mexico, Day of the Dead - Friday, October 10, 2025 at 1:30 PM
R.S.V.P. by October 3, 2025

Come learn, connect, and celebrate cultural heritage!
Let us know if you'd like to reserve your spot.

Reservations are required one week prior to the event and can be made by
calling 440-998-6750 or online at <https://schedulesplus.com/ashtabula>

HELP for Heating/Cooling Bills

There is a programs offered by the State
of Ohio to help you with your heating
and cooling bill. You may receive financial
assistance or efficiency improvements for
homes or apartments. If your gross
household income from all sources is less
than the following amount for the
number of members in your household
you may qualify:

1 person up to \$21,780
2 people up to \$29,420
3 people up to \$37,060
4 people up to \$44,700
5 people up to \$52,340
\$7,640 each additional household
member.

The Ohio Energy Assistance
application is available Now.
Please call the Community Action
toll-free at 440-997-5957 for more
information.

Get Help With Your Electric Bills

The winter/summer crisis program
offers electric assistance to low-income
elderly households and individuals
with certain medical conditions. Money
obtained from the winter/summer
crisis program can be used either to: Pay
your electric bill or Purchase a new air
conditioning unit (if you have not received
one in the last 3 yrs.)

To be eligible for the crisis program:

- ◆ A household member must be at least
60 years of age OR have a doctor
- ◆ statement establishing a medical
necessity.
- ◆ Cannot have a disconnect notice
- ◆ Be below 200% of the federal poverty
level.
- ◆ Do not have to be on PIPP.

Applications are available at
Community Action Agency
440-997-5957.

**DID YOU KNOW THAT YOU COULD
PAY YOUR BILLS AT THE
CENTER FOR ACTIVE LIVING?**

You can make payments to many of the
companies that send you a monthly bill
including: Electric, Gas, Wireless,
Cable/Satellite, Insurance, Credit Cards,
Car Loans, Leases and many more!
Right at the Senior Center!

Paying bills in person has benefits.
Receive a receipt as proof of payment.
Pay bills using cash...
Pay multiple bills in one location...
Same day posting...

Bills have a small transaction
fee of less than \$2.00
Walk In. Pay Bills. Support your
Activity Center, Done.

**Jigsaw Puzzles Daily
10am to 4pm
Enjoy Unique and
Challenging Puzzles.
Fun way to use your brain.**

The Center will be closed
on the following dates:

- Monday, September 1, 2025
In Observance of Labor Day
- Monday, October 13, 2025
In Observance of Columbus Day
- Tuesday, November 11, 2025
In Observance of Veterans Day
- Thursday November 27 &
Friday November 28, 2025
In honor of Thanksgiving

UPPER CRUST

"UPPER CRUST LUNCH BUNCH"

Fri., Oct. 17, 2025 at Noon
Brants Apple Orchard
RSVP by Fri., Oct. 10, 2025

November Upper Crust
Kardoheley's
Friday, November 14, 2025
RSVP by Fri., Nov., 7, 2025

Reservations are made
based on the number of
guests that RSVP.

Join US for Dessert and
Coffee After Lunch
At the Center for Active Living

Wellness Clinic with ARMC

Thursday, September 25, 2025
Thursday, October 23, 2025
at 11:00 am

Blood Pressures, Glucose and
Cholesterol screening

Mobility Matters

Presented by:

Joe from Mobility Plus

Tues., Sept. 2, 2025 at 2:00 PM

Join us for an informative session
on mobility aids designed to support
individuals with mobility challenges.

Reservations are required one week prior to the event and can be made by
calling 440-998-6750 or online at <https://schedulesplus.com/ashtabula>



Bible Study with Pastor Jeff
Every Friday at 10:15 AM
No RSVP needed
all are welcome!

TELEPHONE REASSURANCE PROGRAM

Not able to visit the Center?
Need someone to chat with?
Need more human conversation?
Our Telephone Reassurance
program provides a daily
check-in calls to help you start
your day off the right!
To join our call list
call 440-998-6750

PRESCRIPTION ASSISTANCE PROGRAM

ACCOA will help
Ashtabula County residents
age 60 years old and older enroll
in pharmaceutical prescription
assistance programs, and help
you navigating through
Social Security Part D programs.
Call 440-998-6750 for
an appointment!

DEVILISH GOOD TIME

JOIN US IF YOU DARE FOR A

Halloween Party

FRIDAY, OCT. 31, 2025 - 2PM to 5PM
at ACCOA Center for Active Living
4148 Main Avenue, Ashtabula
RSVP BY October 24, 2025

Costume Contest!

Prizes for the Best, Funniest, & Scariest
costumes!

DON'T GET CAUGHT WITHOUT A COSTUME!

Eerie Entertainment & Creepy Confections!
Ghoulish Games & Spook-tacular Prizes!

Cost:

\$5 for newsletter subscribers
\$10 for non newsletter subscribers

Reservations are required one week prior to the event and can be made by
calling 440-998-6750 or online at <https://schedulesplus.com/ashtabula>

Something for everyone,
come see for yourself!
**Center for
Active Living**

Ashtabula County Council on Aging, Inc.
4148 Main Ave
Ashtabula, Ohio 44004
440-998-6750
www.accoacenterforactiveliving.com

NONPROFIT ORG
US Postage Paid
Permit #464
Ashtabula, OH 44004

program@ashtabulaseniors.org
Lisa Bruckman, Director
Dawn Dale, President

Current Resident or:

September

2025

October



Meet New People, Make New Friends
**Center for
Active Living**

4148 Main Avenue, Ashtabula, Oh 44004

www.accoacenterforactiveliving.com

Phone: 440-998-6750

CELEBRATING 50 YEARS SERVING SENIORS!